



We're looking for a
Lifeguard

Not just any school...This is Polegate School

Seasonal Lifeguard vacancy at Polegate School!

Monday to Friday between 8:30am and 15:00pm in Terms 5, 6 and 1

Key tasks:

1. Supervising swimming activities and ensuring that policies, guidelines, and safety procedures are followed.
2. Instructing or assisting classes in fundamentals of swimming as needed.
3. Maintaining orderliness around pool area
4. Maintaining pool equipment
5. Monitoring pool temperatures
6. Supervising swimmers
7. Spotting hazards and preventing accidents
8. Giving advice on water safety
9. Controlling unruly behaviour
10. Water rescue
11. First aid including CPR

Qualifications would be desired but not necessary. If you are interested, we can book and pay for the National Pool Lifeguard Qualification (NPLQ) for you, please contact Monika in the office at office@polegate.e-sussex.sch.uk or call 01323 482404.

Lifeguard Course Prerequisites

Every candidate attending a NPLQ course must be 16-years-old at the time of taking the NPLQ final assessment and be able to:

- Jump/dive into deep water
- Swim 50 metres in less than 60 seconds
- Swim 100 metres continuously on front and back in deep water
- Tread water for 30 seconds
- Surface dive to the floor of the pool
- Climb out unaided without ladder/steps and where the pool design permits

You will be fully supported through an Induction program and introduced to your role.

To find out more about the school please look at our school website. www.polegateschool.co.uk

Please contact Monika in the office on 01323 482404 or office@polegate.e-sussex.sch.uk for further information and to obtain an application pack.